

## Patient menu

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### Main courses

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Shepherd's pie with caramelised onion gravy  
Thai chicken and ginger curry served with sticky coconut rice  
Ham, egg and chips served with choice of bread  
Chicken and vegetable stir-fry served with steamed rice  
Pan seared seabass marinated in ginger and chilli served with noodles  
Wild mushroom risotto served with truffle oil and parmesan cheese  
Spaghetti with a tomato and lentil ragu  
Penne pasta with roasted vegetables and pesto

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### Light bites

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Cod goujons, served with freshly made tartar sauce  
Homemade soup of the day served with a bread roll  
Homemade sausage rolls served with a tomato chutney  
Homemade ham hock terrine served with salad and warm baby potatoes  
Selection of freshly made omelettes (mushroom, ham, tomato, cheese or plain)  
Caesar salad, choose from plain or chicken  
Smoked salmon and avocado salad

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### Dessert

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Warm chocolate brownie served with vanilla ice cream  
Mango panna cotta served with a blueberry compote  
Ice cream pot (strawberry, vanilla, double chocolate, mint chocolate)  
Fresh fruit salad  
Clear fruit jelly  
Selection of yoghurts  
Cheese platter served with grapes, apple chutney and biscuits  
Fresh fruit (apple, pear, mixed grapes or banana)

Every effort has been made to ensure food is safe to eat with regards to food allergens. If in doubt please speak to a member of our staff about the ingredients in your meal when making your choice.