

Shoulder pain

Our neck and shoulders can be vulnerable to tension and stiffness. If you are experiencing shoulder pain that's affecting everyday activities, or find it doesn't ease with rest or pain medication, the important thing is to seek help before the pain worsens.

Keeping you pain free and healthy



The first step is to have a consultation with a specialist to get the diagnosis you need for a full and fast recovery. Your Consultant will ask you about your lifestyle and medical history to determine possible causes of your neck, arm or shoulder pain, and you may be referred to our Diagnostic Imaging services.

We offer the following treatments to diagnose and treat shoulder joint pain:

- Diagnostic Imaging
 - X-Ray, CT and MRI
 - Outpatient treatments such as injections
 - Physical therapy
 - Surgery (such as Rotator Cuff Repair)

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Prices & payment

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Shoulder arthroscopy

£7,741

Rotator cuff surgery
£7,741

Shoulder replacement
£13,500

The above are guide prices only.

Our [terms and conditions can be found here](#).

Consultants



Mr Nik Bakti

KIMS Hospital+1 location

[View profile](#)



Mr Keith Borowsky

Available at
KIMS Hospital

[View profile](#)



Mr Howard Cottam

KIMS Hospital+1 location

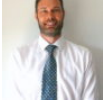
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Mr Abhinav Gulihar

KIMS Hospital+2 locations

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Mr Daniel Neen

KIMS Hospital+2 locations

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Mr David Rose

Available at
KIMS Hospital

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Professor Bijayendra Singh

KIMS Hospital+1 location

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Mr Ravi Singh

KIMS Hospital+2 locations

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Mr Dimitri Yanni

Available at
KIMS Hospital

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Shoulder pain FAQs

What's causing my shoulder pain?

There are many reasons that could be causing your shoulder pain, from broken bones or torn tendons to arthritis or tendinitis and bursitis. Your Consultant will ask you about your lifestyle and medical history to determine the possible cause, and examine the area of the shoulder that is causing you pain.

Where would my treatment take place?

Most outpatient or follow up appointments, and some Physical Therapy treatments, are available at either KIMS Hospital or Sevenoaks Medical Centre, regardless of where you had your initial consultation. If you need shoulder surgery, this will take place at KIMS Hospital in Maidstone.