

Shockwave therapy

If you are living with pain caused by tendon dysfunction, such as tennis elbow or Achilles tendinopathy, you may benefit from shockwave therapy. We believe the key to relieving painful conditions is by acting sooner, through quick and effective treatments.

Allowing you to carry on with everyday life

Shockwave therapy (also called Extracorporeal Shockwave Therapy, or ESWT) is a treatment that uses a machine to deliver a mechanical shockwave into the affected tissues, helping relieve your pain and stimulating healing by increasing blood flow.

The shockwave treatment is usually delivered in three to five sessions, delivered as a part of a 30 minute session. With non-invasive treatment and no need for a hospital stay, you can walk in and out the same day and carry on with your everyday activities.

Prices & payment

We offer a guide price of:

Initial assessment (Physical Therapist)

£60

Each session (Physical Therapist)

£100

Initial consultation (Consultant)

Call for price

Each session (Consultant)

£300

The guide price is based on the usual clinical needs of patients. For more information, please see our [terms and conditions](#).

Personal medical loans

Payment to suit you with 0% and fixed rate interest options.

Following an appointment with your Consultant, you can apply for a loan to cover the cost of your treatment. With interest free finance at Representative 0% APR (fixed) along with longer term fixed rate loans, there is an option for everyone.

Consultants



Mr Loren Charles



Mr Howard Cottam



Dr Laurence Gant



Professor Bijayendra Singh



Mr Henry Willmott

Shockwave therapy FAQs

Who is shockwave therapy for?

Shockwave therapy is commonly used to treat painful conditions such as:

- Plantar fasciitis
- Achilles tendonitis
- Tennis/golfers elbow
- Hip bursitis

- Rotator cuff tendons

Your Therapist will be able to discuss your options for treatment to determine whether shockwave therapy is appropriate for your needs.

Does shockwave therapy hurt?

You may find the affected area is tender, irritated or red during or following your treatment, but this is usually short-lived.

Will I need any other treatment?

It is recommended that shockwave therapy is carried out alongside traditional physical therapy and stretching to support an effective recovery.

Whilst some patients experience excellent pain relief after shockwave therapy, unfortunately the treatment can be unsuccessful in some patients. If this is the case, it may be necessary for your therapist to refer you for additional treatments.