

Septoplasty and Reduction of Inferior Turbinates

Septoplasty and reduction of inferior turbinates are commonly performed together to improve nasal breathing and airflow. These treatments can benefit people who suffer from a deviated septum, enlarged inferior turbinates, or both. By straightening the nasal septum and reducing the size of the inferior turbinates, airflow in the nasal passages is improved, making it easier for you to breathe through the nose.

What is a septoplasty?



A deviated septum is a common condition where the nasal septum (the thin wall that separates the nostrils) is crooked or misaligned. Your consultant may recommend a septoplasty to help correct the deviation and improve air flow.

Septoplasty surgery is a procedure that straightens the nasal septum. During septoplasty, your Consultant will make a small incision inside the nose and straighten the nasal septum by removing or reshaping the cartilage and bone causing an obstruction.

What is coblation of inferior turbinates?

The inferior turbinates are small, curved structures inside the nose that help to warm and moisten the air we breathe. However, in some people, the inferior turbinates can become enlarged or swollen, leading to difficulty breathing and chronic nasal congestion.

Coblation of inferior turbinates is a surgical procedure carried out through a small incision made inside the nose. Radiofrequency energy is used by your consultant to shrink and reduce the size of the inferior turbinates.

Prices & payment

We offer a guide price of:

Septoplasty surgery and coblation of inferior turbinates
From £3,274

The above are guide prices only.

Our [terms and conditions can be found here](#).

Consultants



Mr Ali Al-lami

KIMS Hospital+2 locations

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Miss Pei-Pei Cheang

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Mr Robert Hone

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Mr Jerome Lim

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Mr Sri Mahalingam

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FAQs

What is septoplasty?

Septoplasty is a surgical procedure that corrects a deviated septum, which is a common condition where the nasal septum (the thin wall that separates the nostrils) is crooked or misaligned.

What is coblation of inferior turbinates?

Coblation of inferior turbinates is a surgical procedure carried out through a small incision made inside the nose. Radiofrequency energy is used by your Consultant to shrink and reduce the size of the inferior turbinates.

How long will I be in hospital after a septoplasty and coblation of inferior turbinates?

The operation takes between 30 mins to an hour, most people are able to go home the same day.

Will I need time off work after a septoplasty and coblation of inferior turbinates?

You should take at least 2 days off work, although most people take 1 week off work to recover. This can vary from person to person, depending on the work you do.

What is the cost of private Septoplasty at KIMS Hospital?

A private Septoplasty at KIMS Hospital starts from £3,274. You can use private medical insurance or pay for yourself. Flexible payment plans are available to spread the cost.