

Knee replacement surgery

More of us are living an active and healthier lifestyle than ever before, keeping us young and fit for longer. However, over time we start to feel aches and pains in our knees that we never used to. Usually it won't stop us from doing the things we love but sometimes it becomes too much. If your knee pain is affecting your mobility and everyday life, it's time to seek help from a specialist knee consultant.

Private knee replacement surgery to help you get back to doing what you love



Some of the key causes of knee pain are osteoarthritis, rheumatoid arthritis or an injury. Usually, the pain comes from the bones, which form the joint, rubbing together because the lining between them that allows smooth movement has been damaged. Whatever the cause, our team of specialist knee consultants and private orthopaedic surgeons are here to help you get back to doing the things you love, and will support you every step of the way, from operation to recovery.

The first step is to have an initial consultation with a specialist knee consultant who will discuss your options for knee surgery and advise on private knee replacement options, costs and recovery times.

Private knee replacement costs at KIMS Hospital

We will price match with any confirmed quote from hospitals within a 30 mile radius, please contact us with the quote and our sales team will be delighted to help you.

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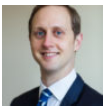
Partial knee replacement surgery (unicompartmental)
from £9,929

Total knee replacement surgery
from £13,025

The above are guide prices only.

Our [terms and conditions can be found here](#).

Our knee replacement Consultants



Mr Loren Charles

KIMS Hospital+2 locations

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Mr Krissen Chettiar

KIMS Hospital+3 locations

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Mr Dominic Davenport

KIMS Hospital+1 location

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Mr Lee David

KIMS Hospital+2 locations

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Mr Abhijit Dey

Available at
KIMS Hospital

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Professor Ali Ghazizadeh

LycaHealth Orpington+1 location

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Mr Paul Gill

KIMS Hospital+1 location

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Mr Rohit Jain

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Mr Chan Jeer

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Mr Mark Norris

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Mr Kasetti Ravikumar

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Mr Srinivas Samsani

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Mr Manjunathan Sivaprakasam

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Mr Guy Slater

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Mr James Smith

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Mr Mike Thilagarajah

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Knee replacement surgery FAQ

What is a knee replacement?

A knee replacement operation is a common type of surgery that replaces a damaged knee joint with an artificial knee joint, often referred to as a prosthesis.

Your knee joint consists of two bones surrounded by cartilage tissue that helps to allow smooth movement of the leg, preventing the two bones from rubbing together.

Over time, the cartilage tissue can become damaged from the wear and tear of everyday activities and cause the bones within your knee joint to rub together, leading to long-term pain and, often, the need to be replaced.

What is a partial knee replacement?

For some patients, their knee arthritis may only impact on one side of the joint. In these cases, a partial knee replacement may be a suitable solution, meaning that a total knee replacement isn't required.

A partial knee replacement can also be referred to as a unicompartmental knee replacement.

Your consultant knee surgeon will be able to assess your situation and discuss with you your options for private knee replacement surgery.

Where will my knee surgery take place?

Regardless of where you had your initial consultation or tests, all surgical procedures take place at KIMS Hospital in Maidstone. Most outpatient appointments, including follow up appointments with your Consultant Orthopaedic Surgeon, can take place at either KIMS Hospital or Sevenoaks Medical Centre.

What does the operation involve?

The knee operation is usually carried out under spinal anaesthetic with sedation, so you will not be aware of any pain. During surgery, the parts of your bones that are rubbing together will be removed and replaced with a prosthesis made from artificial materials such as metal, ceramic or plastic.

Your Consultant Orthopaedic Surgeon will take you through all these details during your initial consultation and our Joint School video is designed to help answer any questions you might have about knee replacement surgery, your prosthesis and recovery, ahead of your operation.

How long will I stay in hospital?

You will usually be in hospital between two to three days, depending on the progress you make following your operation. Your Consultant will discuss this with you prior to your procedure and you will learn about rehabilitation in hospital and discharge in our Joint School video.

How long does it take to recover after knee surgery and will I be in pain?

Knee replacement recovery time will vary for each individual, but you should be able to stop using walking aids and resume day to day activities by your six-week review with your Consultant Orthopaedic Surgeon. During your stay, you will receive pain relief to help ease discomfort after your surgery.

Our Joint School video will give you more information about pain control, and your Consultant will also be able to discuss this with you during your consultation.

What is the best preparation for aiding recovery?

It's important that you allow yourself enough time to heal properly and complete your physiotherapy programme following knee replacement surgery, but it's always best to be well informed about your procedure ahead of going in.

Make sure you ask your Consultant Orthopaedic Surgeon any questions you may have, and watch our Joint School video to learn about every aspect of your treatment, as this will really support your recovery.

When can I drive again?

This will vary from patient to patient and it may be between six to eight weeks after your procedure before you can drive. However, your Consultant or GP will be able to advise you.

When can I go back to work?

Generally, it may be around six to twelve weeks after your procedure before you can return to work, but this will vary for everyone. However, your Consultant or GP will be able to advise you.

What is the best way to look after my new knee?

An essential part of your recovery journey will be to continue the exercises you are given by your Physiotherapist, to help prevent stiffness and improve the longer-term outcome of your knee replacement surgery. Your Consultant will also be able to give you advice on looking after your new knee, and our Joint School video will be the perfect source of information for learning about aftercare.

What is the cost of private total knee replacement at KIMS Hospital?

A private total knee replacement at KIMS Hospital starts from £13,025. You can use private medical insurance or pay for yourself. Flexible payment plans are available to spread the cost.