

Knee pain

Our knees are put under a lot of strain over a lifetime. We all overdo it sometimes and knee problems can affect anyone. If you are experiencing knee pain that's affecting your mobility, and doesn't ease with rest or pain medication, our specialists can help.

Keeping you pain free and healthy



The first step is to have a consultation with one of our specialists to get the diagnosis you need for a full and fast recovery. Your Consultant will ask you about your lifestyle and medical history to determine possible causes of your knee pain, and you may be referred to our Diagnostic Imaging services to assist a diagnosis.

We offer the following treatments to diagnose and treat knee strains and pain:

- Diagnostic Imaging
 - X-Ray, CT and MRI
- Physical Therapy
- Outpatient procedures such as joint injections
- Surgery (such as a knee arthroscopy or replacement)

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Prices & payment

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Knee arthroscopy

£4,100

Knee replacement

£13,500

The above are guide prices only.

Our [terms and conditions can be found here](#).

Consultants



Mr Jonathan Barber

Available at
Sevenoaks Medical Centre

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Mr Loren Charles

KIMS Hospital+1 location

[View profile](#)



Mr Krissen Chettiar

KIMS Hospital+3 locations

[View profile](#)



Mr Lee David

KIMS Hospital+2 locations

[View profile](#)



Mr Abhijit Dey

Available at
KIMS Hospital

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Mr Paul Gill

KIMS Hospital+1 location

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Mr Rohit Jain

KIMS Hospital+1 location

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Mr Chan Jeer

Available at
KIMS Hospital

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Mr Mark Norris

Available at
KIMS Hospital

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Mr Kasetti Ravikumar

KIMS Hospital+2 locations

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Mr Srinivas Samsani

Available at
KIMS Hospital

[View profile](#)



Mr Guy Slater

Available at
KIMS Hospital

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Mr James Smith

Available at
KIMS Hospital

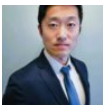
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Mr James Young

Available at
KIMS Hospital

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Mr Craig Zhao

KIMS Hospital+1 location

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Knee pain FAQs

Do I need a knee replacement?

Knee pain won't necessarily result in the need for a total knee replacement, as it depends on the root cause of the pain. For some cases, the recommended treatment may be a course of Physical Therapy or injections, but, where the joint itself becomes severely damaged, it may be



necessary to consider replacement surgery. Your Consultant will discuss the best options for your treatment with you.

Where would my treatment take place?

Most outpatient or follow up appointments, and some Physical Therapy treatments, are available at either KIMS Hospital or Sevenoaks Medical Centre, regardless of where you had your initial consultation. If you need knee surgery, this will take place at KIMS Hospital in Maidstone.