

Kidney stone treatment

If you are experiencing pain around the side of your abdomen, it could be a symptom of kidney stones. You may get kidney stones due to various biochemical or hormonal abnormalities or if you are frequently dehydrated. As a result of this dehydration, chemicals can build up and form crystals in your kidneys. Sometimes these are small enough to pass through your urine, but occasionally these crystals can build up to form a larger stone. Your Consultant may recommend treatment to break down the kidney stones and remove them in order to prevent them causing worsening pain or further problems.

Minimally invasive treatments to maximise your recovery

If you have been referred for a scan or cystoscopy to determine the cause of your symptoms, we can help identify the best treatment for your needs. Your Consultant may need to use a small laser to fragment and remove the stones. Very large stones may require surgery. They will discuss the best options for your treatment during your initial consultation, so that you know exactly what to expect.

The guide price is based on the usual clinical needs of patients. For more information, please see our [terms and conditions](#).

Personal medical loans

Payment to suit you with 0% and fixed rate interest options.

Following an appointment with your Consultant, you can apply for a loan to cover the cost of your treatment. With interest free finance at Representative 0% APR (fixed) along with longer term fixed rate loans, there is an option for everyone.

Consultants



Mr John Donohue



Mr Howard Marsh



Mr Thomas Smith

Frequently asked questions

What are the signs and symptoms of kidney stones?

Larger kidney stones can cause intermittent pain or severe pain around the side of your abdomen or lower back. Occasionally they can cause blockages that affect your ability to pass urine normally. They can cause you to feel nauseous, but you may also find that you need to urinate more frequently, have trouble urinating or are experiencing burning sensations. Kidney stones can also be the cause of blood in your urine and could be the source of recurrent urine infections.

What other options are there for treatment?

Your Consultant will discuss the best options to treat your kidney stones on a case by case basis. Some smaller kidney stones can pass through your urine and you may be encouraged to drink plenty of fluids to aid this process. Other larger stones may need laser fragmenting, shockwave treatment or keyhole surgery. Your Consultant will be able to discuss all these options with you.

Will kidney stone treatment hurt?

Most kidney stones can be removed and treated without making any incisions. As a result, the recovery is normally very quick. After the procedure, you may experience some discomfort for the first few times you pass urine, but this should only be temporary, and we will encourage you to drink plenty of fluids.

Will I need to stay in hospital?

Treatment for kidney stones is usually carried out as a day case, which means that you should be able to go home after the procedure. Your Consultant will discuss this with you before your



procedure.