

# Inguinal hernia repair surgery



Hernias can occur at any age but are mostly associated with getting older. As we age, the muscles and tissue in our abdomen can become weaker.

An inguinal hernia is caused when a part of your bowel or fatty tissue pushes through a weak spot in the groin area, causing a bulge to appear.

## Private hernia operations to help you get back to doing what you love

If you have a lump in the groin the first step is to have an initial consultation with an inguinal hernia specialist, who will discuss your options for surgery. Inguinal hernia surgery is a straightforward procedure to repair the weak area in your abdominal wall that is causing the hernia in your groin.

## Private Prices & payment inguinal hernia repair costs

Private hernia surgery prices at KIMS Hospital. We offer a guide price start from:

Open hernia surgery  
£3,278

The above are guide prices only.

Our [terms and conditions can be found here](#).

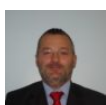
## Consultants



Mr Yasser Abdul Aal

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KIMS Hospital

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Mr Jacek Adamek

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Mr Simon Bailey

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Mr Sanjoy Basu

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Mr Richard Dickson-Lowe

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Mr William Garrett

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Ms Ayes Shah Gordon-Dixon

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Mr Neil Kukreja

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Mr William Lynn

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Mr Abuchi Okaro

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## Inguinal hernia surgery FAQs

### What does inguinal hernia surgery involve?

An inguinal hernia operation aims to push the bulge back into place and repair the weakness in the muscle walls. Hernia repair can be performed as an open or laparoscopic (keyhole) procedure. Most inguinal surgery repairs are carried out as open procedures. Your Consultant

may also use a mesh to repair your hernia. All of these options will be discussed with you during your consultation with our inguinal hernia specialists.

## Where will my surgery hernia operation take place?

Regardless of where you had your initial consultation, surgery will take place at KIMS Hospital in Maidstone. Most outpatient appointments, including follow up appointments with your Consultant, can take place at either KIMS Hospital or Sevenoaks Medical Centre.

## How long do I need to stay in hospital for?

You should be able to go home the same day, but it is possible you will need to stay overnight for observations. Your Consultant will be able to discuss this with you during your consultation.

## How long is the recovery time after hernia treatment?

Most patients tend to make a full recovery within six weeks, with many people returning to driving and work within two weeks. However, this will vary for every individual and you should be able to discuss this during your consultation with our inguinal hernia specialists.

## What is the cost of private inguinal hernia repair at KIMS Hospital?

A private inguinal hernia repair at KIMS Hospital starts from £3,278. You can use private medical insurance or pay for yourself. Flexible payment plans are available to spread the cost.