

Inguinal hernia repair

Hernias can occur at any age but are mostly associated with getting older. As we age, the muscles and tissue in our abdomen can become weaker.

An inguinal hernia is caused when a part of your bowel or fatty tissue pushes through a weak spot in the groin area, causing a bulge to appear.

Helping you get back to doing what you love

If you have a lump in the groin the first step is to have an initial consultation with a specialist, who will discuss your options for surgery. Inguinal hernia surgery is a straightforward procedure to repair the weak area in your abdominal wall that is causing the hernia.

Prices & payment

We offer a guide price of:

Open surgery
£2,400

Laparoscopic surgery
£3,390

The guide price is based on the usual clinical needs of patients. For more information, please see our [terms and conditions](#).

Personal medical loans

Payment to suit you with 0% and fixed rate interest options.

Following an appointment with your Consultant, you can apply for a loan to cover the cost of your treatment. With interest free finance at Representative 0% APR (fixed) along with longer term fixed rate loans, there is an option for everyone.

Consultants



Mr Yasser Abdul Aal



Mr Jacek Adamek



Mr Ibrahim Ahmed



Mr Simon Bailey



Mr Sanjoy Basu



Mr William Garrett



Mr Ahmed Hamouda



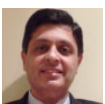
Mr Neil Kukreja



Mr Piero Nastro



Mr Abuchi Okaro



Midhat Siddiqui

Inguinal hernia surgery FAQs

What does surgery involve?

An Inguinal hernia operation aims to push the bulge back into place and repair the weakness in the muscle walls. Hernia repair can be performed as an open or laparoscopic (keyhole) procedure. Most inguinal surgery repairs are carried out as open procedures. Your Consultant may also use a mesh to repair your hernia. All of these options will be discussed with you during your consultation.

How long do I need to stay in hospital for?

You should be able to go home the same day, but it is possible you will need to stay overnight for observations. Your Consultant will be able to discuss this with you during your consultation.

How long is the recovery time?

Most patients tend to make a full recovery within six weeks, with many people returning to driving and work within two weeks. However, this will vary for every individual and you should be able to discuss this during your consultation.