

Hip pain

Our hips are stable joints that bear a lot of weight. However, we all overdo it sometimes and, over time, they can become prone to problems and tightness. If you are experiencing hip or groin pain that's affecting everyday activities, the important thing is to seek help before the pain and your hip function worsens.

Keeping you pain free and healthy



The first step is to have a consultation with a specialist to get the treatment you need for a full and fast recovery. Your Consultant will ask you about your lifestyle and medical history to determine possible causes of your hip pain, they will examine your hip, and you may be referred for a scan.

We offer the following treatments to diagnose and treat hip pain:

- Diagnostic Imaging
 - X-Ray, CT and MRI
 - Physical Therapy
 - Surgery (such as a hip replacement)

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Prices & payment

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Hip pain

Please call us

The above are guide prices only.

Our [terms and conditions can be found here](#).

Consultants



Mr Syed Ahmed

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Mr Loren Charles

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Mr Dominic Davenport

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Mr Guy Slater

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Mr James Smith

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Hip pain FAQs

Do I need a hip replacement?

Hip pain won't necessarily result in the need for a hip replacement, as it depends on the root cause of the pain. For some cases, the recommended treatment may be a course of Physical Therapy or injections. Where the joint itself has become damaged, usually through arthritis, you may decide to have hip replacement surgery. Your Consultant will discuss the best options for your treatment with you.

Where would my treatment take place?

Most outpatient or follow up appointments, and some Physical Therapy treatments, are available at either KIMS Hospital or Sevenoaks Medical Centre, regardless of where you had your initial consultation. If you need hip replacement surgery, this will take place at KIMS Hospital in Maidstone.