

## HALO for haemorrhoids

Haemorrhoids, commonly known as piles, are swellings that contain enlarged blood vessels and are generally found inside or around the bottom. These can sometimes be mild and may not cause you any symptoms, but sometimes they can cause distressing symptoms such as bleeding after passing a stool, a visible lump hanging down outside of your anus or uncomfortable itching sensations around your bottom.

If you are experiencing symptoms due to haemorrhoids, your Consultant may recommend a HALO procedure to restrict blood flow to the swellings, causing them to shrink away and resolve your symptoms.

## Minimally invasive treatment and professional advice for peace of mind

The exact causes of haemorrhoids is unclear, although cases often come from a lack of fibre in your diet, causing prolonged constipation and excessive straining. Our Consultants will provide you with the advice to maintain a healthy lifestyle, by incorporating a high fibre diet into your life to reduce the risk of the condition returning.

## Prices & payment

We offer a guide price of:

HALO treatment  
£1,735

The guide price is based on the usual clinical needs of patients. For more information, please see our [terms and conditions](#).

## Personal medical loans

Payment to suit you with 0% and fixed rate interest options.

Following an appointment with your Consultant, you can apply for a loan to cover the cost of

your treatment. With interest free finance at Representative 0% APR (fixed) along with longer term fixed rate loans, there is an option for everyone.

## Consultants



Mr Simon Bailey

## FAQs

### What is a HALO procedure?

A HALO procedure is a straightforward one that involves your Consultant placing small stitches around the arteries that are supplying the haemorrhoids in order to cut off their blood supply.

Over the next few days and weeks, the piles begin to shrink away and your symptoms will be resolved.

### Will there be any pain?

The procedure is virtually painless as it is carried out in the lower rectum, where you have almost no pain nerves.

### Will the haemorrhoids come back?

You can help to reduce the risk of piles returning by adopting or maintaining a high fibre diet. The recurrence rate after five years is 2-5%.