

# HALO for haemorrhoids



Haemorrhoids, commonly known as piles, are swellings that contain enlarged blood vessels and are generally found inside or around the bottom. These can sometimes be mild and may not cause you any symptoms, but sometimes they can cause distressing symptoms such as bleeding after passing a stool, a visible lump hanging down outside of your anus or uncomfortable itching sensations around your bottom.

If you are experiencing symptoms due to haemorrhoids, your Consultant may recommend a HALO procedure to restrict blood flow to the swellings, causing them to shrink away and resolve your symptoms.

## Minimally invasive haemorrhoid treatment and professional advice for peace of mind

The exact causes of haemorrhoids is unclear, although cases often come from a lack of fibre in your diet, causing prolonged constipation and excessive straining. We work with expert Consultants who will provide you with the advice to maintain a healthy lifestyle, by incorporating a high fibre diet into your life to reduce the risk of the condition returning.

## Prices & payment

We offer a guide price from:

HALO treatment  
from £2,357

The above are guide prices only.

Our [terms and conditions can be found here](#).

## Consultants



Mr Simon Bailey

KIMS Hospital+3 locations

[View profile](#)

## FAQs

### Where will my procedure take place?

Regardless of where you had your initial consultation, all surgical procedures take place at KIMS Hospital in Maidstone. Most outpatient appointments, including scans and tests, and follow up appointments with your Consultant, can take place at either KIMS Hospital or Sevenoaks Medical Centre.

### What is a HALO procedure?

A HALO procedure is a straightforward one that involves your Consultant placing small stitches around the arteries that are supplying the haemorrhoids in order to cut off their blood supply.

Over the next few days and weeks, the piles begin to shrink away and your symptoms will be resolved.

### Will there be any pain?

The procedure is virtually painless as it is carried out in the lower rectum, where you have almost no pain nerves.

### Will the haemorrhoids come back?

You can help to reduce the risk of piles returning by adopting or maintaining a high fibre diet. The recurrence rate after five years is 2-5%.



## What is the cost of private HALO for haemorrhoids at KIMS Hospital?

A private HALO for haemorrhoids at KIMS Hospital starts from £2,357. You can use private medical insurance or pay for yourself. Flexible payment plans are available to spread the cost.