

Facet joint injection

We understand that living with chronic pain can have a debilitating effect on parts of your life, having an impact on your enjoyment of everyday activity and restricting your mobility. We are dedicated to providing effective multidisciplinary care and support, helping you manage your symptoms and making those activities possible again.

Supporting your pain with short and long-term treatment



A facet joint injection combines local anaesthetic and anti-inflammatory steroid targeted under live X-ray guidance to the joint(s) causing pain in your back, aiming to provide medium to long-term relief of pain and assist in diagnosis and rehabilitation.

If you are unsure of the causes of your pain, the first step is to book an appointment with a Consultant, at either KIMS Hospital or Sevenoaks Medical Centre. With specialist teams experienced in pain management, rheumatology, orthopaedic medicine and physical therapy, we will work with you to understand your symptoms and devise the best course of treatment for your needs.

Prices & payment

We offer a guide price of:

Facet joint injection
from £2,200

The above are guide prices only.

Our [terms and conditions can be found here](#).

Consultants



Dr Kevin Fai

Available at
KIMS Hospital

[View profile](#)



Mr Gordan Grahovac

Available at
Sevenoaks Medical Centre

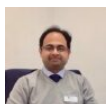
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Dr Sandesha Kothari

Available at
KIMS Hospital

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Dr Sanjay Kuravinakop

Available at
LycaHealth Orpington

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Mr Steven Lau

Available at

KIMS Hospital

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Mr Imran Rafiq

KIMS Hospital+2 locations

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Dr Raja Reddy

Available at
KIMS Hospital

[View profile](#)

FAQs

Where will my procedure take place?

Regardless of where you had your initial consultation, all surgical procedures take place at KIMS Hospital in Maidstone. Most outpatient appointments, including scans and tests, and follow up appointments with your Consultant, can take place at either KIMS Hospital or Sevenoaks Medical Centre.

What does a facet joint injection involve?

Your Consultant will carry the procedure out as a day case under local anaesthetic. They will apply an antiseptic solution to clean your back, before applying local anaesthetic to numb the area.

Using live X-ray guidance, your Consultant will perform the injection into the identified lumbar joint(s). Several injections may be administered in one session. The injection contains a mixture of local anaesthetic and steroid to numb the nerves for short-term pain relief and provide medium to long-term anti-inflammatory treatment to the joint.

Are there any side effects?

There are very few side effects associated with single or occasional use of steroid injections. You might sometimes experience hot flushes, nausea, or mild abdominal pain, but these should settle in a few days.

When will the pain relief begin?

You may feel as though your back is a little bruised after the procedure and there can be an initial increase in the level of pain, which is quite normal before you start experiencing the pain relief. It should quickly resolve, and you can continue to take pain killers as usual. Your Consultant will discuss the outcome of the procedure with you and advise you on how to increase your activity levels slowly following this procedure.

What is the cost of private facet joint injection at KIMS Hospital?

A private facet joint injection at KIMS Hospital starts from £2,200. You can use private medical insurance or pay for yourself. Flexible payment plans are available to spread the cost.