

# Dorsal root ganglion block



Sciatica and associated back pain is often attributed to irritated or compressed spinal nerves. Dorsal root ganglion (or nerve root) injection is a treatment to reduce inflammation around the affected nerve and ease your leg and back pain over an extended period of time. It can also be used to assist diagnosis of your condition and gain a better understanding of the particular area causing pain.

## A multidisciplinary team of specialists to treat your back pain

We work with specialists that are experienced in all aspects of pain management and where needed will work with a wider, multidisciplinary team to help diagnose the cause of your condition to get you on your way to fast, effective treatment. If your diagnosis highlights the need for additional treatment to support your back pain, your Consultant will help you to arrange this.

## Prices & payment

We offer a guide price from:

Dorsal root ganglion block  
from £2,324

The above are guide prices only.

Our [terms and conditions can be found here](#).

## Consultants



Dr Kevin Fai

Available at  
KIMS Hospital

[View profile](#)



Mr Gordan Grahovac

Available at  
Sevenoaks Medical Centre

[View profile](#)



Dr Sandesha Kothari

Available at  
KIMS Hospital

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Mr Steven Lau

Available at  
KIMS Hospital

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Mr Imran Rafiq

KIMS Hospital+2 locations

[View profile](#)

Dr Raja Reddy



Available at  
KIMS Hospital

[View profile](#)

## FAQs

### Where will my procedure take place?

Regardless of where you had your initial consultation, all surgical procedures take place at KIMS Hospital in Maidstone. Most outpatient appointments, including scans and tests, and follow up appointments with your Consultant, can take place at either KIMS Hospital or Sevenoaks Medical Centre.

### What does a dorsal root ganglion nerve block involve?

A dorsal root ganglion nerve block is a day case procedure that is carried out under local anaesthetic and takes about 20 to 30 minutes. The procedure is carried out under X-ray screening. The team will help you get into the correct position (lying on your stomach) and apply an antiseptic solution, which may feel very cold, to clean your back. A local anaesthetic will be inserted to numb the insertion area. Sedation may be used if you are very anxious about hospital procedures.

It is important that you keep still during the procedure as the needle will be accurately inserted. Dye will be injected so that the location of the needle can be clearly seen on an X-ray. Local anaesthetic and steroid will then be injected around the target dorsal root ganglion (spinal nerve root) to reduce inflammation and ease pain.

### Will it hurt?

There can be contact with the nerve during needle placement or pressure from the injection. This may be painful but your Consultant will make adjustments during your procedure. There can be an initial period of discomfort before you start experiencing the pain relief. During this period, you may need to increase your pain killers. Your Consultant will discuss this with you before leaving the hospital.

### Do I need to be taken home?

Once the procedure has been completed you will be taken back to the day case ward where you



will recover before being allowed home. Please ensure that you have arranged for someone to drive you home just in case there is a little numbness in your leg or sedation has been used.

## What is the cost of private dorsal root ganglion block at KIMS Hospital?

A private dorsal root ganglion block at KIMS Hospital starts from £2,324. You can use private medical insurance or pay for yourself. Flexible payment plans are available to spread the cost.