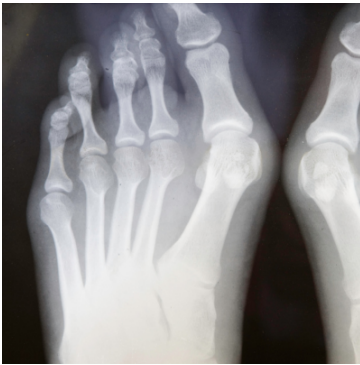


## Bunion surgery

Bunions, known as hallux valgus, are a common problem that often runs in the family. The big toe becomes deviated, resulting in a painful bony protrusion on the side of your foot. If left untreated, the deformity can progress, resulting in crossing-over of the second toe or painful corn formation. Bunion surgery aims to correct the alignment of your big toe, relieving pain and restoring the shape of your foot.

## Walk pain-free and in confidence



We work with specialist foot and ankle Consultants, who can help you decide whether a bunion operation is the appropriate treatment for you, and we will help get you back to walking pain-free and doing the things you love. The first step is to book an initial consultation, which you can choose to have at KIMS Hospital or Sevenoaks Medical Centre. If you choose to have surgery, this will take place at KIMS Hospital. With no waiting lists, you can access prompt care at a time that suits you whether you are paying for yourself or if you have medical insurance.

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### Prices & payment

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Bunion surgery  
from £5,404

The above are guide prices only.

Our [terms and conditions can be found here](#).

## Consultants



Mr Baljinder Dhinsa

KIMS Hospital+2 locations

[View profile](#)



Mr Kumar Kunasingam

Available at  
KIMS Hospital

[View profile](#)



Mr James Ritchie

KIMS Hospital+2 locations

[View profile](#)



Mr Sajid Shariff

KIMS Hospital+1 location

[View profile](#)



Mr Henry Willmott

Available at  
KIMS Hospital

[View profile](#)

## Frequently Asked Questions

### What is a bunion?

A bunion is where the big toe can drift towards the second toe and the bone in the foot drifts away from the second toe. This typically happens due to laxity of the tissue around the joint connecting the big toe to the foot. As the big toe drifts more, the greater the stretch on the tissue. This causes the bony prominence on the side of the foot.

### Do I need bunion surgery?

Not necessarily and it depends on your symptoms. You should try conservative approaches first such as adjusting your footwear. You can also try using a splint to help with your symptoms.

### What happens if I leave bunion untreated?

This depends on the severity of your bunion. As a bunion progresses, there is a risk of developing osteoarthritis of the joint, which can restrict movement and cause pain.

As the big toe turns towards the second toe more, it reduces the space for the second toe to stay in position, and subsequently the second toe can be pushed up leading to pain in the smaller toes. With time the second toe may develop a deformity (hammer toe) which can cause more pain in shoes.

### How long does it take to recover from surgery?

The surgery is typically done as a day case and you can walk straight away in a surgical slipper, which you should use for 6 weeks. If your consultant is happy with your progress, then you can return to wearing normal shoes.

### What is the cost of private bunion surgery at KIMS Hospital?

A private bunion surgery at KIMS Hospital starts from £5,404. You can use private medical insurance or pay for yourself. Flexible payment plans are available to spread the cost.