

Swathy Vijayan

BSc Physiotherapy, M.Sc MSK and Sports Health

Scans, tests, services & treatments available

- Physiotherapy

Professional Profile

Originally from India, I moved to the UK in 2021 to further my education in Sports Science and Musculoskeletal (MSK) Health at Loughborough University. Having been raised in Qatar, I was always involved in sports and dance from a young age, competing at the national level in shot put, discus throw, and basketball. My personal journey with multiple injuries gave me a deeper understanding of the value of physiotherapy and its role in recovery. During the COVID-19 pandemic, I faced a severe case that required me to rebuild my fitness from scratch, a journey I continue to improve on with the support I receive at KIMS. I have a special interest in treating MSK conditions associated with Polycystic Ovarian Syndrome (PCOS), helping patients regain strength and mobility. Outside of work, I enjoy reading, working out at the gym, baking, practicing Indian classical dance, and playing badminton.

Previous experience: Senior MSK physiotherapist with People Asset Management, MSK Physiotherapist with Leicestershire Partnership Trust NHS.

HCPC registered- PH128101

Special Interests

Knee and ankle injuries, sports injuries and return to sport rehabilitation, pre and post-operative rehabilitation.

