

# Saheed Shabbir

Msc

## Scans, tests, services & treatments available

- Hand therapy
- Physiotherapy

## Professional Profile

Previous experience: Clinical Lead Hand Therapist at Royal London Hospital, studying MSc Diagnostic MSK Ultrasound with University of Essex, BMI Healthcare hospitals in London, Queen Mary's Hospital in Sidcup.

HCPC registered OT – 53145

## Special Interests

Musculoskeletal conditions and injuries, Sports and climbing injuries, Musicians' hand and wrist injuries or problems, Performing arts/dancers/actors with hand, wrist and elbow injuries, post-operative rehabilitation for orthopaedic and plastics trauma (fractures; tendon, ligament, and nerve repairs; amputations; replantations), Rheumatology, Chronic pain.

Additional skills: acupuncture, injection therapy, taping.

