

# Professor Bijayendra Singh

FRCS (T&O) FRCS MS (Ortho) DNB (Ortho) PG Dip (Ortho)

## Scans, tests, services & treatments available

- Shoulder arthroscopy surgery
- Shoulder pain
- Shoulder replacement surgery
- Rotator cuff surgery
- Hand surgery for carpal tunnel syndrome
- Elbow replacement
- Release of a stiff elbow
- Orthopaedic surgery
- Hand & wrist surgery



## NHS Practices

Medway NHS Foundation Trust, Gillingham, Kent

## Professional Profile

Professor Bijayendra Singh is one of the leading Upper Limb Surgeons in Kent and South East of England. I am often fondly called as Bijay or BJ.

I qualified from Maharaja Sayajirao University, Vadodara, India in 1992 and followed this up with a residency training programme in Trauma & Orthopaedics, receiving my Masters in 1995. I worked as a Lecturer for two years before coming to UK for Higher Specialist Training in South East Thames. As part of my specialist training I undertook a fellowship programme at Perth Orthopaedics & Sports Medicine Centre, a well renowned centre for Sports and Orthopaedic surgery. I was awarded the Travelling Fellowship of the British Society for Surgery of Hand, which resulted in a fellowship visit to the Kleinert & Kutz Hand Institute in Louisville, Kentucky.

I specialise in the management of problems related to Shoulder, Elbow, Wrist and Hand joints. I provide expert opinion in the diagnosis and management of all types of Shoulder (Rotator Cuff

Tear, Impingement, Arthritis, Dislocation & Frozen Shoulder), Elbow (Tennis Elbow, Golfer's Elbow, Arthritis, Trapped Nerve), Wrist problems (Arthritis, Ganglion, Ligament injury etc.) and Hand problems (Carpal Tunnel Syndrome, Triggering finger, Arthritis and Dupuytren's contracture). I carry out key hole surgery for shoulder, elbow and wrist. I also carry out joint replacement surgery for hand, wrist, elbow and shoulder joints.

I frequently lecture on both trauma and upper limb related courses at both national and international meetings. I am actively involved in upper limb research and I have over 50 publications in national & international journals and a number of book chapters. I have presented at over 120 national and international meetings. I am an examiner for medical students at GKT Medical School London and for M.Sc. (Orth) conducted by Brighton University. I teach regularly on the regional orthopaedic registrar training programme and am a regular faculty member of the F.R.C.S. (Orth) Course.

I am a member of British Orthopaedic Association, British Elbow & Shoulder Society, British Society for Surgery of Hand, American Academy of Orthopaedic Surgeons and The Royal College of Physicians & Surgeons Glasgow. I am the Honorary Secretary of the British Indian Orthopaedic Society. I have been awarded the 'Mahatma Gandhi Pravasi Samman' by the NRI welfare society. In 2013, I won 'The Best in Medical Field' at the Annual British Indian Awards.

I have been appointed as a Visiting Professor & Pathway Director for the Masters course in Minimally Invasive Surgery at the Canterbury Christchurch University. I have been awarded the Clinical Tutor titles at the Brighton & Sussex Medical School as well as Royal College of Surgeons Edinburgh for my educational roles.

My NHS base hospital is Medway NHS Foundation Trust.

My wife is a GP and we have two children. I enjoy cooking with Indian cooking my speciality. I make the best Butter Chicken in the world!! I enjoy going on walks, playing badminton and spending time on Mario Cart Games with my kids.

Professor Singh has recently been awarded a 2019 certificate of excellence from [iwantgreatcare.org](https://www.iwantgreatcare.org). Find out more at <https://www.iwantgreatcare.org/doctors/prof-bijayendra-singh>

## Special Interests

Shoulder, elbow, wrist and hand joints