

Professor Bijayendra Singh

FRCS (T&O) FRCS MS (Ortho) DNB (Ortho) PG Dip (Ortho)

NHS Practices

Medway NHS Foundation Trust, Gillingham, Kent

Professional Profile

Professor Bijayendra Singh is one of the leading Upper Limb Surgeons in Kent and South East of England. I am often fondly called as Bijay or BJ.

I qualified from Maharaja Sayajirao University, Vadodara, India in 1992 and followed this up with a residency training programme in Trauma & Orthopaedics, receiving my Masters in 1995. I worked as a Lecturer for two years before coming to UK for Higher Specialist Training in South East Thames. As part of my specialist training I undertook a fellowship programme at Perth Orthopaedics & Sports Medicine Centre, a well renowned centre for Sports and Orthopaedic surgery. I was awarded the Travelling Fellowship of the British Society for Surgery of Hand, which resulted in a fellowship visit to the Kleinert & Kutz Hand Institute in Louisville, Kentucky.

I specialise in the management of problems related to Shoulder, Elbow, Wrist and Hand joints. I provide expert opinion in the diagnosis and management of all types of Shoulder (Rotator Cuff Tear, Impingement, Arthritis, Dislocation & Frozen Shoulder), Elbow (Tennis Elbow, Golfer's Elbow, Arthritis, Trapped Nerve), Wrist problems (Arthritis, Ganglion, Ligament injury etc.) and Hand problems (Carpal Tunnel Syndrome, Triggering finger, Arthritis and Dupuytren's contracture). I carry out key hole surgery for shoulder, elbow and wrist. I also carry out joint replacement surgery for hand, wrist, elbow and shoulder joints.

I frequently lecture on both trauma and upper limb related courses at both national and international meetings. I am actively involved



in upper limb research and I have over 50 publications in national & international journals and a number of book chapters. I have presented at over 120 national and international meetings. I am an examiner for medical students at GKT Medical School London and for M.Sc. (Orth) conducted by Brighton University. I teach regularly on the regional orthopaedic registrar training programme and am a regular faculty member of the F.R.C.S. (Orth) Course.

I am a member of British Orthopaedic Association, British Elbow & Shoulder Society, British Society for Surgery of Hand, American Academy of Orthopaedic Surgeons and The Royal College of Physicians & Surgeons Glasgow. I am the Honorary Secretary of the British Indian Orthopaedic Society. I have been awarded the 'Mahatma Gandhi Pravasi Samman' by the NRI welfare society. In 2013, I won 'The Best in Medical Field' at the Annual British Indian Awards.

I have been appointed as a Visiting Professor & Pathway Director for the Masters course in Minimally Invasive Surgery at the Canterbury Christchurch University. I have been awarded the Clinical Tutor titles at the Brighton & Sussex Medical School as well as Royal College of Surgeons Edinburgh for my educational roles.

My NHS base hospital is Medway NHS Foundation Trust.

My wife is a GP and we have two children. I enjoy cooking with Indian cooking my speciality. I make the best Butter Chicken in the world!! I enjoy going on walks, playing badminton and spending time on Mario Cart Games with my kids.

Professor Singh has recently been awarded a 2019 certificate of excellence from [iwantgreatcare.org](https://www.iwantgreatcare.org). Find out more at <https://www.iwantgreatcare.org/doctors/prof-bijayendra-singh>

Special Interests

Shoulder, elbow, wrist and hand joints