

Mr Thomas Smith

BSc (Hons), MBBS, FRCS (Urol)

Scans, tests, services & treatments available

- HoLEP – Laser prostate treatment
- Circumcision
- Transurethral resection of the prostate
- Transurethral resection of bladder tumour
- Vasectomy
- Vasectomy reversal
- Kidney stone treatment
- Cystoscopy
- Urology & men's health



NHS Practices

Maidstone and Tunbridge Wells NHS Trust

Professional Profile

Thomas Smith is a Consultant Urological Surgeon at Maidstone and Tunbridge Wells NHS Trust. He completed his undergraduate medical studies and basic training at University College London. His specialist urological training was in South London, Kent, Surrey and Sussex. Having excelled during training Mr Smith became the first urologist in the United Kingdom to be fast-tracked and complete his training early.

He has a specialist interest in the management and prevention of kidney stones including laser stone surgery and in the management of prostate enlargement including laser prostate resection (Holmium Laser Enucleation of the Prostate).

You can visit Mr Smith's website at www.tomsmithurology.com

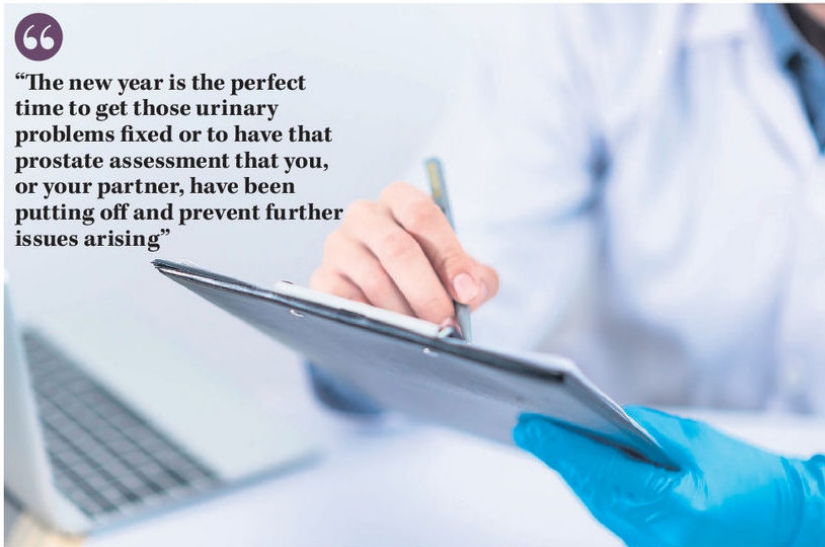
Thomas recently had an article featured in The Guardian's *New Year, New You* supplement. [The article can be read by clicking here.](#)

Men's health and the prostate – time to get it checked

Prostate problems are very common and affect men more as they get older. These can range from inflammation and benign enlargement to cancer, and symptoms can significantly impact on quality of life

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“The new year is the perfect time to get those urinary problems fixed or to have that prostate assessment that you, or your partner, have been putting off and prevent further issues arising”



Bothersome urinary symptoms affect four out of 10 men over the age of 50 and three out of four men in their 70s. These symptoms are usually due to benign prostatic enlargement and can be easily improved through medication or minimally invasive surgery. Occasionally, they're caused by prostate cancer. Prostate cancer is the most common cancer in males in the UK, with incidence rates on the rise. While there's no national screening programme in place for this, an initial assessment can be easily done through a blood test (PSA) and examination.

The new year is the perfect opportunity to get those urinary problems fixed or to have that prostate assessment

that you, or your partner, have been putting off and prevent further issues arising in the future. Early assessment and diagnosis of prostate problems can prevent irreversible bladder damage from the effects of prostate enlargement and improve survival outcomes if cancer is detected.

Mr Thomas Smith is a consultant urologist practicing throughout Kent who's been recommended and identified due to excellence within his field. Mr Smith has specialist experience in prostate cancer diagnostics, the management of prostate enlargement, including laser surgery (HoLEP), as well as all aspects of general urology. He has exceptional patient feedback and surgical outcomes. Mr Smith offers appointments at KIMS Hospital, Sevenoaks Medical Centre and the Spire Hospital Tunbridge Wells.

“Urinary and prostate problems are very common and can cause considerable anxiety and distress for patients,” says Mr Smith. “Early assessment and treatment can prevent significant problems further down the line. I'd be delighted to see you to finally sort out those nagging issues and hopefully put your mind to rest.”



▲ Mr Thomas Smith, Consultant Urologist

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kims.org.uk/consultant/mr-thomas-smith

Special Interests

General Urology, Management and prevention of Kidney Stones, Stone Surgery (Ureteroscopy, Percutaneous Nephrolithotomy), Endourology, Holmium Laser Enucleation of the Prostate