

Mr Keith Borowsky

MBBCh (Wits) FCS (SA) (Orth) MMed (Orth)

Scans, tests, services & treatments available

- Hand surgery for carpal tunnel syndrome
- Elbow replacement
- Release of a stiff elbow
- Rotator cuff surgery
- Shoulder arthroscopy surgery
- Shoulder pain
- Shoulder replacement surgery
- Orthopaedic surgery
- Hand & wrist surgery



NHS Practices

Medway Maritime Hospital, Gillingham, Kent

Professional Profile

Mr Borowsky's consultant experience spans 23 years working in 3 continents with a broad experience in orthopaedics (academic, private and military). Over 15 years as a Substantive Consultant at Medway Hospital, he established a shoulder and elbow arthroscopic and reconstructive surgery service, involving GP colleagues, specialist practitioners and specialist registrars.

An Honorary Senior Lecturer at Brighton and Sussex Medical School, he has instructed Orthopaedic registrars in shoulder surgery courses. He has undertaken medico-legal reporting for the past 20 years.

His research is internationally published and earned a British Shoulder and Elbow Society best podium presentation prize.



Special Interests

Upper limb surgery
Shoulder surgery
Elbow surgery
Hand surgery
Wrist surgery
Ultrasound guided injection therapy