

Miss Mona Khandwala

MBBS, MS, MRCOphth, FRCS

Scans, tests, services & treatments available

- Cataract Surgery
- Blepharoplasty
- Ophthalmology



NHS Practices

Maidstone and Tunbridge Wells NHS Trust, Medway Maritime Hospital, Gillingham, Kent

Professional Profile

Mona Khandwala is an award-winning Consultant Ophthalmic and Oculoplastic surgeon at the Maidstone and Tunbridge Wells NHS Trust, where she is the Oculoplastic Lead.

With extensive experience spanning more than 20 years, Ms Khandwala specialises in modern cataract surgery, lid surgery, cosmetic eyelid surgery and non-surgical facial cosmetic treatments, management of the dry and watery eye and thyroid eye disease. She has specialist training in oculoplastic surgery of the eyelids and surrounding structures, including skin cancers, as well as surgery of the tear drainage system. Ms Khandwala has performed and taught a vast number of specialist operations and has been recognised internationally for her work.

After completing her ophthalmic training in Leeds and the South East of England, Ms Khandwala undertook two further fellowships in eyelid, lacrimal and cosmetic surgery at Maidstone Hospital and Norfolk and Norwich University Hospital. During this period, she was an Honorary Lecturer of the University of East Anglia and pursued research in cataract surgery and newer ways of imaging eyelid skin cancers.

Ms Khandwala has a keen interest in medical education and training, leading her to become an Examiner for the Royal College of Ophthalmologists, a panelist for medical school admissions

at University College London and for ST1 national Ophthalmology recruitment, as well as a Ophthalmology College Tutor at Maidstone hospital.

Ms Khandwala has produced more than 25 publications for international journals and delivered specialist lectures both nationally and internationally.

Special Interests

Eyelid surgery, Lacrimal surgery, Cataract surgery, Dry eye disease, Treatment of the watery eye, Thyroid eye disease management.