

# Miss Anne Henderson

MA MB BChir MRCOG

## Scans, tests, services & treatments available

- Hysterectomy
- Vaginal prolapse repair
- Laparoscopy
- Hysteroscopy
- Gynaecology
- Menopause & HRT services



## Professional Profile

Anne has been a Senior Consultant Gynaecologist for 25 years. She spent 17 years as an NHS Consultant and now practices solely in the private sector. She qualified from Cambridge University and her training included a three year post-graduate appointment studying menopause, PMS and post-natal depression at King's College Hospital under Professor John Studd.

Anne is currently 1 of only 200 British Menopause Society Accredited Specialists in the UK. She is passionate about women's health and has decades of experience running specialist menopause clinics. She offers an exceptional standard of care to all women and is available not only for menopause advice but also general gynaecology, including complaints such as heavy and painful periods, PMS, PCOS and vulval disorders.

Anne published her book "Natural Menopause" in association with Dorling Kindersley in March 2021- this provides holistic advice covering the five key pillars of menopause support - herbal therapy, fitness, nutrition, mental wellbeing and HRT.

Anne is now mainly based at her dedicated women's health clinic, The Amara Clinic, in Royal Tunbridge Wells where she is supported by a healthcare and medical team offering a full range of consultations, blood tests and ultrasound imaging. She also continues to practice at KIMS Hospital and appointments can be made using the enquiries form below or via her website <https://gynae-expert.co.uk/>.



Her dedicated Clinic Team can be contacted directly via [enquiries@gynae-expert.co.uk](mailto:enquiries@gynae-expert.co.uk).

## Special Interests

- Menopause/HRT
- PMS/PMDD
- General gynaecology
- Menstrual disorders
- Pelvic and vulval pain
- Endocrine problems including PCOS