

Johan ter Horst

BSc (Hons) Physiotherapy

Scans, tests, services & treatments available

- Physiotherapy

Professional Profile

Born in Ashford to a Dutch father and English mother I grew up in Folkestone and attended the Harvey Grammar School. Upon leaving school, I was fortunate enough to play football professionally for 4 years with Hull city and Maidstone. My time was curtailed by injuries however this did expose me to the world of physio and a seed was sewn for a potential future career. A career path which I did in fact follow attending Canterbury Christ Church for 3 years and signing for KIMS on a permanent basis. A move which I have never looked back on, I love working here, everyone is so supportive and the professional environment is perfect for developing clinic skills to provide the highest quality of care. Aside from work I can either be found playing five aside, running or in the gym with a passion for health and fitness. I enjoy socialising with friends, long coastal walks with my dog Barney and being disappointed year in year out being a Charlton Athletic fan!

Previous experience: Placements in East Kent hospitals NHS and Kent Community Health NHS, Maidstone and Tunbridge Wells NHS & East Sussex Healthcare NHS.

Special Interests

Sports injuries and rehabilitation, MSK injuries and post op surgical rehabilitation.

Additional skills: Personal trainer.

