

# Dr Zoe Schaedel

BMedSci, BMBS, MRCGP, DRCOG, DFSRM, DipMedEd

## Scans, tests, services & treatments available

- Menopause & HRT services



## NHS Practices

Brighton and Hove Extended Access Menopause Clinic

## Professional Profile

Dr Zoe Schaedel, of Myla Health, is an experienced Menopause Specialist. She specialises in women's health, menopause care, sexual health and contraception. **She is an accredited specialist with the British Menopause Society (BMS)** and is a member of the BMS Medical Advisory Council.

Dr Schaedel contributes to a number of national committees including the NHS England Menopause Improvement Programme and she has delivered talks and masterclasses nationally and to organisations on menopause and on the interplay between menopause, mental health and sleep. She has published articles on menopause in The Lancet and Post Reproductive Health. Dr Schaedel is a trainer for the British Menopause Society and loves to support clinicians who want to further their knowledge on women's health.

## Special Interests

British Menopause Society Accredited Menopause Specialist