

Dr Paul Ryan

MD FRCP

NHS Practices

Medway Foundation NHS Trust

Professional Profile

Dr Ryan trained at Cambridge, where he obtained a double first, and then Guys Hospital, where he was subsequently a lecturer and obtained a MD in Osteoporosis studies.

He has particular interests in Thyroid disorders including hypothyroidism, thyrotoxicosis, lumps, goitres and thyroid cancer. Dr Ryan is the lead consultant for thyroid cancer at Medway Maritime Hospital and chair of the West Kent Thyroid Cancer meeting. He is responsible for radio iodine therapy for thyrotoxicosis, goitres and thyroid cancer. He is also interested in a wide range of other endocrine disorders including hyperparathyroidism and other calcium disorders, hyperprolactinaemia and hypogonadism.

Dr Ryan also has a wide interest in rheumatology including back pain, inflammatory arthritis, osteoarthritis, gout, soft tissue injuries and fibromyalgia, He has established a national reputation for work in Osteoporosis and other bone conditions where he has developed expertise in diagnosis and management such that he is referred patients from across Kent. He undertakes both clinical work and bone densitometry where he has been responsible for national guidance. Dr Ryan chairs the Kent Osteoporosis Network providing advice to other doctors across Kent.

Dr Ryan is able to treat patients with the new osteoporosis medicine, Romosozumab (Evenity).

Dr Ryan has an extensive research record in the above areas with 50 original first author papers.



Special Interests

Endocrinology, Rheumatology, Osteoporosis, Calcium disorders, Vitamin D disorders, Hyperparathyroidism, Bone densitometry, Hypothyroidism, Thyrotoxicosis, Thyroid cancer, Fatigue disorders, Fibromyalgia