

Dr Paul Kitchen

MBBS, MA, PhD, FRCP

Scans, tests, services & treatments available

- Gastroscopy / Endoscopy
- Colonoscopy
- Sigmoidoscopy
- Gastroenterology
- Healthy bowel assessment



NHS Practices

Medway NHS Foundation Trust

Professional Profile

Dr Kitchen studied medicine at Oxford University completing an MA in Physiological Sciences in 1998. He undertook his clinical training at St Georges Hospital, London qualifying in 1991 followed by his Gastroenterology training at St Mark's Hospital Middlesex, Northwick Park Hospital, The Hammersmith Hospital, Chelsea and Westminster Hospital, and St Mary's Hospital London.

Dr Kitchen has undertaken research at Imperial College School of Medicine, Cancer Research UK and St Mark's Hospital between October 1997 and May 2001. The results of this and other research was presented both nationally and internationally and he was awarded his PhD in 2003 from the University of London.

Dr Kitchen has wide experience in all aspects of gastroenterology including inflammatory bowel disease, liver disease, gastro-oesophageal reflux disease/dyspepsia and coeliac disease.

He has a special interest in endoscopy and has developed his colonoscopy practice to a high standard and has been accredited as a bowel cancer screener at Medway Hospital in 2012.

Dr Kitchen has wide experience of general (internal) medicine. He has received a number of

awards for clinical excellence.

he was appointed Consultant Physician and Gastroenterologist in 2003 at Medway Maritime Hospital and has taken a leading role in inflammatory bowel disease, nutrition, endoscopy and bowel cancer screening.

Special Interests

Inflammatory bowel disease, Bowel cancer screening, Liver disease, Gastro-oesophageal reflux disease/indigestion, Coeliac disease