

Dr Jonathan Houghton

MBBS BSc DipSEM DipUS FRCP FFSEM

Professional Profile

Dr Houghton has wide and extensive experience in treating Elite Athletes, Weekend Warriors and all those who are physically active or in pain.

He specialises in Tendon pain utilising Ultrasound and UTC scanning for diagnosis and Ultrasound Guided Injections and ESWT (Shockwave) as potential treatments. He also has a wide range of experience in Upper and Lower Limb Overuse and Running injuries, Bone stress injuries, adolescent overuse injuries, Hip and Groin pain, Exercise Induced Leg pain and injury rehabilitation.

His Rheumatology interests are Gout, Inflammatory spinal conditions and inflammatory joint conditions that affect young or athletic people.

