

Dr Dulmini Kariyawasam

MSc (Hons) MBBS (Hons) MRCP (UK) FRCP (UK)

NHS Practices

Guy's and St. Thomas' NHS Foundation trust

Professional Profile

Dr. Kariyawasam was appointed a consultant in Diabetes, Endocrinology and General internal medicine at Guy's and St. Thomas' NHS Foundation trust, in 2010 having completed her specialist training in the London Deanery. She was awarded a Masters in Diabetes and Endocrinology by the King's College London in 2008 and the Fellowship of the Royal College of Physicians, London in 2015.

She leads the transition and young people's diabetes and endocrine services at Guy's and St. Thomas' Hospital and has a special interest in management of adolescents and young people with both diabetes and endocrine problems. She has expertise in managing type 1 and Type 2 diabetes and a broad range of endocrine problems. She works closely with a team of multidisciplinary members such as specialist nurses, radiologists, surgeons providing comprehensive diabetes and endocrine care. She has pioneered innovative models of care for young people and has won national awards in the field. She leads the undergraduate Diabetes and endocrine teaching at the trust for the Kings College London medical school and is a senior Lecturer of the King's College London.

She runs clinics providing care for a wide range of endocrine disease including pituitary, adrenal, parathyroid, calcium disorders, and ovarian and testicular disorders. She has expertise in management of pubertal problems, growth issues and other endocrine issues that affect young adults. She has experience and expertise in managing type 1 diabetes including pumps and sensors



and management and optimisation of type 2 diabetes and risk factors.

Her research interests include management of diabetes during adolescent phase, education and supporting young adults with diabetes and management of hypoglycaemia. She is a member of professional diabetes and endocrine societies.

Special Interests

Type 1 Diabetes, Type 2 Diabetes, thyroid problems, pituitary disease, adrenal disease, calcium and bone disease, ovarian and testicular problems, growth disorders, pubertal problems ,menstrual problems (such as PCOS), menopause.